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Trieste's glorious waterfront (c/o Wikimedia Commons)

“TRIESTE IN DEPTH”

Plus excursions into neighbouring Slovenia, Croatia, and Italy's Friuli Province

11 days, from Friday, June 10, to Monday, June 20, 2022

A thorough exploration of Italy's most enigmatic city, a picturesque seaport overlooking the blue Adriatic from a narrow Italian 'panhandle' almost entirely surrounded by Slovenian territory. The city is inhabited by a cosmopolitan mix of Italians, Croatians and other Slavs, Greeks, etc., and features imposing architecture that conjures up Vienna and the Habsburg Empire of which it used to serve as 'window on the Mediterranean'. Our local tours and visits will be complemented by excursions into Slovenia, with the superb Alpine scenery of Lake Bled and a charming capital, Ljubljana; Croatia's wonderful Istrian Peninsula, featuring an impressive Roman amphitheatre, palaeo-Christian churches and superb coastal resorts such as Rovinj; and, within Italy's borders, the ruins of the Roman city of Aquileia, a UNESCO World Heritage Site, the city of Udine, capital of Friuli Province, and some of the WW I memorials near Gorizia and Kobarid (Caporetto). Accommodation in a centrally-located first-class hotel, fine Italian food with an Austrian touch (!), and talks on the history of the region by your tour escort, historian Jacques Pauwels, PhD, author of books such as 'Beneath the Dust of Time: A History of the Names of Peoples and Places' (London, 2009).

Tour cost: \$3,895 from Toronto (including all taxes and other surcharges) - “Land only”: \$3,075
Supplement for single use of a double room: \$745

PROPOSED ITINERARY:

Day 1 - Friday, June 10: Evening departure on Air Canada's non-stop flight from Toronto to Venice. Dinner and a light breakfast will be served on board.

Day 2 - Saturday, June 11: Arrival at Venice Airport and transfer to the city of **Trieste** (150 km), located along the Adriatic coast on a coastal strip of Italian land surrounded by a hilly Slovenian territory, a limestone plateau known in Italian as the Carso, and also very close to the border with Croatia. Trieste used to be a major “centre of literature, music, art, and culture” when, until the end of WW I, it was part of the Austrian-Hungarian Empire; today, the city is a delightful and fascinating fusion of Italian and Eastern European architecture and atmosphere, and a magnificent window on the Adriatic Sea.

Check into the very centrally-located first-class/4-star Hotel Continentale (<http://www.continentalehotel.com/en/hotel-continentale>), and free time to get some rest after your overnight flight. In late afternoon, introductory walk to Trieste's wonderful waterfront and majestic main square, Piazza Unita d'Italia, Europe's largest sea-front square. Welcome drink, perhaps one of the local favourites, such as Campari Soda and Aperol Spritz, followed by dinner in the hotel or in a nearby restaurant.

HOTEL CONTINENTALE****



Hotel Continentale is a traditional first-class/four-star hotel ideally situated in the heart of Trieste, on S. Nicolò Street, an elegant pedestrian street with fashionable shops, famous cafés, and typical restaurants, and only minutes from the waterfront, Piazza Unità d'Italia, the Grand Canal, the Verdi Theatre, and many other attractions. Tripadvisor rates the Continentale as one of the top hotels in the city, and its reviews are almost exclusively “excellent” or “very good.”

< A double room in Hotel Continentale

Day 3 - Sunday, June 12: Morning sightseeing tour of Trieste, with focus on the two oldest parts of the city. We start with the scenic *Civitavecchia* or “old town,” dating back to the Roman era, when this city was called Tergeste, a pedestrian maze of narrow and crooked streets with medieval houses, interesting shops, and attractive bars and restaurants in addition to Roman ruins such as the Roman Theatre and a monumental gate known as the Arco di Riccardo. On to San Giusto Hill, the site where the city originated and where the Roman forum used to be, to visit the Cathedral and enjoy sights such as the castle, the World War I Memorial, the ruins of the Roman propylaea and a basilica, and splendid panoramas of the city, the harbor, and the Adriatic Sea. At the end of our tour, you may want to have lunch in the historical Viennese-style Caffè San Marco, once a favourite of the many literary personalities who spent time in this multicultural city with a great literary tradition, for example James Joyce, who arrived here in 1904 to teach English. As the afternoon is free, an attractive option would be to visit the local Joyce Museum (www.museojoycetrieste.it; for more on Joyce in Trieste, see www.museojoycetrieste.it/english/the-trieste-of-james-joyce). Dinner in a typical restaurant.

Day 4 - Monday, June 13: This morning we finish our local sightseeing program with a leisurely walking tour of the “Austrian Quarter,” a.k.a. the Borgo Teresiano, the “Maria Theresa district,” names recalling the many centuries before the end of WW I, when this city belonged to the Habsburg Empire. The main sights here are the Piazza Unita d'Italia; the Piazza della Borsa; the Verdi Theatre, dating back to 1801; the Church of St. Nicholas of the Greeks; the scenic Grand Canal; the Pantheon-like Church of San Antonio Nuovo, and a plethora of imposing buildings in neo-classical



or Art Nouveau style more typical of Austria and Central Europe than Italy! After a break for lunch – perhaps in another historical establishment, such as Caffè Tommaseo? (<https://www.caffetommaseo.it>) – we visit the Revoltella Museum of Modern Art, located in a mansion originally owned by Pasquale Revoltella, a local merchant who helped finance the Suez Canal, and renovated by world-famous Carlo Scarpa; the museum features one of Italy's finest collections of modern and contemporary art, mostly by Italian masters such as De Chirico (<http://museorevoltella.it/english>). No group dinner this evening.

< Archaeological site of Aquileia (photo c/o Wikimedia Commons)

Day 5 - Tuesday, June 14: Morning excursion to the archaeological site of **Aquileia**, terminus of Antiquity's Amber Road, linking the Adriatic, and the Mediterranean Sea in general, to the Baltic Sea, one of the largest and wealthiest cities of the Roman Empire and a major centre of early Christianity, associated with saints such as Jerome and Ambrose; the city was destroyed by Attila in the 5th century. This UNESCO World Heritage Site (<http://whc.unesco.org/en/list/825>) includes one of Italy's most remarkable early Christian monuments, an ancient Basilica featuring the world's largest antique mosaic pavement, as well as the fascinating remains of the Roman Forum and the ancient harbor. We also visit the fine local Archaeological Museum. On the way back to Trieste, we visit **Miramare Castle**, a seaside chateau and park that used to be the residence of Habsburg crown prince Maximilian, and view more of the city's outlying places of interest, such as the Faro della Vittoria ("Victory Lighthouse"), a Memorial to WW I, during which the acquisition of this city, still part of the Habsburg Empire, was one of Italy's major war aims.

Day 6 - Wednesday, June 15: Full-day excursion into Slovenia. First we visit **Ljubljana**, the country's capital, with focus on the very attractive old town; highlights will include the major squares with their fountains, statues, and imposing buildings such as city hall and the Slovenian Parliament, Triple Bridge and Dragon Bridge, the Open Market, and Ljubljana Castle, high on a hill with superb views of the city. Also some free time to shop, explore on your own, and have lunch. In the afternoon, we visit nearby **Bled**, an exquisite resort in the Alps, nestled on the shores of a lake surrounded by towering mountain peaks. After a tour of the lake and a boat trip, return to Trieste. This evening it may be possible to enjoy an *optional* classical music concert.

Fabulous Lake Bled, surrounded by Alpine peaks (photo c/o Wikimedia Commons) >

Day 7 - Thursday, June 16: Morning visit to the Winckelmann Museum of Antiquities, full of ancient Egyptian, Greek, and Roman as well as medieval jewelry and other artefacts, and also featuring a lovely garden (<http://museoantichitawinckelmann.it>). On to Trieste's colourful market hall, the Mercato Coperto, where vendors sell flowers, fruits, vegetables, fish, meat, and cheese, but also clothing, antiques, books, etc. You may want to stay here for lunch! The afternoon is free to shop, explore on your own, and/or visit yet another museum, perhaps the Railway Museum, displaying models and full-sized train engines and cars as well as old-fashioned horse-drawn trams, or the excellent Naval Museum (<https://museodelmaretrieste.it>). We also recommend a mid-afternoon break in one of the many fine pastry shops, such as Caffè Pasticceria Pirona, founded in 1900 (<https://pirona1900.com>), and Caffè degli Specchi on Piazza Unità d'Italia (<http://www.caffespecchi.it>), which offer delicious local varieties of famous Austrian cakes such as Sacher torte and strudel. Do you prefer ice cream? If so, try the fabulous gelato at Gelateria Zampolli (<https://www.gelateriazampolli.com>)! If there is sufficient interest, an *optional* half-day visit may be organized to the town of **Lipica**, just cross the border in Slovenia, for a visit to the original stud farm of the horses of the world-famous Viennese Spanish Riding School, known as the "Lipizaner" (<https://www.slovenia.info/en/places-to-go/attractions/lipica/>)!



Day 8 - Friday, June 17: Full-day excursion into Italian nearby province of Friuli. We first visit the region's attractive capital, **Udine**, whose architecture reflects the many centuries when the city was ruled by Venice; the major sights are Piazza Libertà, reminiscent of St. Mark's Square in Venice, with its Loggia del Lionello, Clock Tower, statues, and fountains, and the Cathedral, whose interior boasts paintings by Tiepolo. On to the 'killing fields' where Italian and Austrian troops fought major battles during WW I, for sightseeing on both sides of the Italian-Slovenian border, in the area of the towns of **Kobarid** (Caporetto) and **Gorizia**. Return to Trieste in late afternoon. Today, group lunch in Gorizia OR dinner in Trieste.

Day 9 - Saturday, June 18: Full-day tour of the nearby scenic **Pula Peninsula**, jutting out into the Adriatic Sea, part of Italy between the two World Wars but now belonging mostly to Croatia, featuring magnificent scenery along the coast as well as in the interior. The highlights will be the ancient Greco-Roman town of **Pula** with its impressive, well-preserved Roman amphitheatre, the picturesque seaport of **Rovinj**, where we will enjoy a lunch of Croatian specialties, and **Poreč**, home to another UNESCO World Heritage Site, the 6th-century Euphrasian Basilica complex with its Byzantine mosaics (<http://whc.unesco.org/en/list/809>).



< Picturesque Rovinj (photo by J. Pauwels)

Day 10 - Sunday, June 19: Your last day in Trieste is at leisure to shop and/or explore the city on your own. An *optional* excursion to Venice, by train, will be available. This evening, “arrivederci”- dinner in a typical restaurant!

Day 11 - Monday, June 20: After breakfast, short transfer to Venice Airport and non-stop return flight to Toronto with Air Canada,

PLEASE NOTE THAT EXTENDING YOUR STAY (E.G. FOR A VISIT TO VENICE) IS POSSIBLE BUT REQUIRES ADVANCE NOTICE.

Tour costs based on double occupancy, in Canadian funds:
From Toronto, including return flight and all airport taxes/fees: \$3,895
“Land only,” from/to Venice Airport: \$3,075 - Supplement for single use of a double room: \$745

Included in the tour price are:

- Return non-stop flight from Toronto to Venice, with Air Canada, *including* all airport taxes/security fees/fuel surcharges;
- Accommodation in the centrally located four-star/first-class Hotel Continentale, based on double occupancy - the supplement for single use of a *double* room is \$745;
- Airport transfers and excursions as shown in the itinerary, by private coach;
- Meals: buffet breakfast daily and a total of *five* full-course dinners or lunches;
- Sightseeing and visits as shown in the itinerary, including admissions;
- Gratuities for the coach driver and local guides;
- Hotel taxes and gratuities;
- Airport lounge pass for air-inclusive booking made more than 90 days prior to departure.

Not included are:

- All expenses of a personal nature;
- Meals other than those shown above, and wine/beer/coffee etc. with dinners;
- Travel Insurance, available on an individual basis, please call our office for rates.

RECOMMENDED READINGS:

Jan Morris, *Trieste And the Meaning of Nowhere* - Christian Jennings, *Flashpoint Trieste: The First Battle of the Cold War* - Bojan Dimitrijevic, *The Trieste Crisis 1953: The First Cold War Confrontation in Europe* - Elsa M. Spencer, *Good-bye, Trieste* - John McCourt, *The Years of Bloom: James Joyce in Trieste, 1904-1920* - Ernest Hemingway, *A Farewell to Arms*

See also: “Why Trieste will be Italy’s next big destination,” https://www.lonelyplanet.com/articles/trieste-what-to-do?fbclid=IwAR1i7rsBrBP1UOmI404WoKkts68GOyQjzBIDs8lVHBilAzfrbW_ibVSjimg

TERMS & CONDITIONS

RESERVATIONS AND DEPOSITS:

Reservations should be made as early as possible to ensure the departure of your choice. A deposit of \$750.00 required at the time of registration. Your reservation is confirmed upon receipt of your deposit and registration form. No reservations will be accepted without a signed registration form.

REFUND OF UNUSED ARRANGEMENTS:

Because the rates of Pauwels Travel Bureau Ltd. are based on group participation, no refund can be made for any tour accommodation or tour service or tour feature not taken. If cancellation occurs while the tour is in progress, no refund can be made for the tour portion not taken. We strongly suggest that to allow for any unexpected contingencies, you purchase the all-inclusive insurance.

CANCELLATION POLICY:

Refund of deposit is made if cancellation is received in writing by Pauwels Travel Bureau Ltd. more than 90 days prior of the departure date of the tour less a \$500.00 non-refundable administrative fee per person. For cancellation received in writing 90 days prior or less the following cancellation charges apply:

90 days to 61 days before departure: 25% of tour cost

60 to 31 days before departure: 50% of tour cost

Within 30 days prior to departure: 100% of tour cost

RESPONSIBILITY:

The acceptance of the initial service to be provided under the tour shall be considered an acceptance by the tour member of those conditions. We also reserve the right to decline, to accept or retain any person as a member of the tour. We reserve the right without notice, to withdraw any part or all of the tour. Factors such as airline schedule changes, hotel overbookings, inclement weather, travel warnings by the Canadian Government etc. may necessitate changes in the itinerary. There may also be other circumstances in which changes become necessary or advisable.

By commencing the tour, I agree to the release and agreement as included below.

RELEASE & AGREEMENT:

By placing my deposit and commencing the tour I understand and agree to the following:

1. That all tours are delivered in conjunction with other service providers, including but not limited to travel agent and booking services, airlines, hotel and accommodation providers, transportation providers including but not limited to coach, train and ferry services, restaurant providers, and local guides. We shall not be held responsible for the failure by any person or company to render any transportation, lodging or other travel service to be provided on the tour. All hotels, transportation and other travel services are provided subject to all the terms and conditions under which they are offered to the public generally.
2. I know that tour programs include walking, and may including hiking and fitness programs that have potential hazardous activities associated with them. I should not participate prior to approval by my physician. I assume any and all other risks associated with these events included but not limited to falls, contact with other participants, the effects of the weather including high heat and/or humidity.
3. To release, indemnify and hold harmless Pauwels Travel Bureau and their affiliates (which term shall include parents, subsidiaries, officers, directors, shareholders, agents and employees of Pauwels Travel Bureau as well as Pauwels Travel themselves) (the "Released Parties") from, and agree not to sue the Released Parties for, any claims that I may have arising from, or in connection with, any personal injury, bodily injury, mental anguish, emotional distress, physical, property or other damage that I may suffer from any cause whatsoever related in any way to my participation in this tour. Without limiting the generality of the foregoing, I release, indemnify and hold harmless the Released Parties from, and agree not to sue them for any personal injury, bodily injury, mental anguish, emotional distress, physical, property or other damage that I may suffer from the Released Parties' negligence other than from intentional or reckless acts by such parties. I further agree to release, indemnify and

hold harmless the Released Parties from any and all acts of God, war (whether declared or undeclared), terrorist activities, incidents of politically motivated violence, illness or quarantine, strikes or government restrictions or the acts or omissions of any other agents over which the Released Parties have no direct or indirect control, including, without limitation, airlines, railways, bus companies, hotels, shipping companies, guides and sub-contracted agents or tour operators. This release also includes activities not offered that may be considered risky. I further release any Tour Directors, bus drivers or other individuals involved in my tour.

4. That the air carrier's liability for loss of or damage to baggage or property, or for death or injury to person, is limited by their tariffs, or the Warsaw Convention, or both.
5. That Pauwels Travel Bureau shall have no liability or responsibility for me when I am absent from activities, such as visits to friends or relatives or during stay-ahead/stay-behind option periods if the stay-ahead/stay-behind period does not include the services of a Tour Director.
6. To abide by directions of my Tour Director or other leadership personnel during my tour. Failure to do so may result in my termination from tour immediately. I understand that to disobey such rules or directions are to waive the right to any refund, and that I may be sent home at my own expense. The participant and family undertake full financial responsibility for any damage caused by the participant and agree to pay his/her return home on the first available flight, should his/her behavior be deemed detrimental to the welfare of the group.
7. To abide by all local laws when in Canada and abroad, including those concerning drugs and alcohol. (Minors must have parents' permission to use alcohol even if the local law would otherwise permit them to.) I understand that if I abuse or disobey such laws, even unintentionally, I waive my right to a refund, and Pauwels Travel may send me home at my own expense. I also understand that should local authorities be involved, I will be subject to the laws of the country I am visiting.
8. That if I become ill or incapacitated, Pauwels Travel and its employees, or a designated chaperone may take any action they deem necessary for my safety and well-being, including securing medical treatment (at my own expense) and transporting me home. In the event of a medical emergency, Pauwels Travel will attempt to cause appropriate treatment to be administered, and the traveller authorizes Pauwels Travel to do so. Pauwels Travel, however, makes no warranty that it will be able to cause effective (or any) emergency treatment to be administered.
9. That Pauwels Travel may use any film likenesses taken of me and any of my comments while on a tour for future publication and also use my contact information for future Pauwels Travel communications.

A WORD ABOUT *GROUP* AIRFARES:

Please note that when booking one of our air inclusive tours, Pauwels Travel has negotiated reduced rates with the airline that we are able to confirm and lock in up to 359 days before travel. While it is wonderful to share the savings and flexibility this provides with you, our valued guests, the privilege does come with some restrictions. In some cases it may not be possible to collect frequent flyer miles, you may not be able to check in online 24 hours before travel, or you may need to try checking in with your ticket number rather than your booking reference and, in **almost ALL cases we are not able to offer advanced seat selection.**

It is the airline that makes the reservation and has control over the booking so it is their policy, not ours, that prevents us from assigning specific seats. If a request is made, it is passed on to the airline by our staff when they submit the names to the airline, i.e., 30-60 days prior to departure. Calling us several days before you leave will not change this fact nor will getting upset with our staff.

If a certain type of seat is indispensable to you, we suggest that you book our tour on a "land only" basis and make individual flight arrangements, in which case you may be able to get the seat of your choice; Pauwels Travel would be happy to assist you with that reservation at absolutely no additional charge. We will offer you the best fare available, but please note that this can only be done once a tour is a guaranteed departure because your individual airfare's conditions are likely to involve cancellation penalties.

We thank you in advance for your kind understanding of the above!

REGISTRATION FORM

Please book _____ seat(s) on the "Trieste in Depth" tour of June 10- 20, 2022.

Enclosed is my/our deposit of _____ (\$750 per person, *plus* insurance premium if taken.)

I wish to book on group flights _____ OR land only _____. (If booking land only please send the office a copy of your flight details).

Deposit and insurance premium, if taken, are due with registration. You will be invoiced for an interim payment of \$1000.00 and the balance due 45 days prior to departure.

WE REQUIRE A COPY OF YOUR PASSPORT (INFORMATION PAGES ONLY) VALID 3 MONTHS AFTER TOUR TO BE SENT IN WITH YOUR REGISTRATION FORM.

PASSPORT NAME(S): **Please** indicate the appropriate title (Mr., Mrs., Miss, Dr., Ms.)

Surname _____ First _____ Middle(s) _____

Surname _____ First _____ Middle(s) _____

If applicable, give your commonly used first name as you would like it to appear on your name tag: (e.g. "Liz" for "Mary Elizabeth")

Address _____ City: _____

Postal Code: _____ Phone: _____

Email: _____

If traveling alone, is a SINGLE ROOM REQUIRED? YES _____ NO _____

If sharing, what is your bed preference: twin (2 beds) _____ double (1 bed) _____ ?

SPECIAL REQUIREMENTS: We find the earlier a request is made, the more success we have in filling it, so please list any dietary requests, allergies, any special physical needs or frequent flyer numbers etc here.

We cannot ensure requests made 30 days or less prior to departure will be possible.

Insurance, Please call the office for premiums then record it on application and add premium to deposit.

I /we would like to purchase (please check and record your rate):

Name: _____ Date of Birth: _____

Name: _____ Date of Birth: _____

All-inclusive Package _____ Non-medical Package _____

Other _____ **OR** Decline Insurance _____

PAYMENT: Cheque payable to Pauwels Travel Visa Mastercard American Express

Amount Paid: _____ Card Number: _____

Expiry: _____ Security Code: _____ Signature: _____

"I/we agree to the terms and conditions attached to the program, have indicated our insurance choice, indicated any special requests and included payment".

Date _____ (Signature)(s) _____

Please forward this completed and signed form, copy of passport and payment to:

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