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(Photos courtesy of ITINERE srl)

FOOD FOCUS: BOLOGNA

Monday, March 25 to Wednesday, April 3, 2019

Join foodie tour host Lori Chisholm on this ten-day adventure into Italy's most iconic food region. Walking tours, a food tour, a cooking class and farm visits with tastings are balanced with other cultural experiences and lots of free time. We'll stay in Bologna and Reggio Emilia and wander to Ravenna and Modena. Space is limited to 10 guests.

Please note, walking tours and farm visits range in time from 2 hours to 4 hours on cobbled streets and rough ground.

The tour starts at the hotel in Bologna on March 25. We are happy to make flight arrangements for you and encourage you to arrive early and/or stay on after the tour ends.

Tour Cost - LAND ONLY \$3,460 CAD per person sharing twin accommodation

(\$3,325 if paying by cheque) Single supplement \$395

B = breakfast, L = lunch, T = tastings, D = dinner

PROPOSED ITINERARY

Day 1 – Monday, March 25 – Bologna

Arrival in Bologna. The capital of the Emilia-Romagna region, Bologna has a comprehensive food tradition and has one of the widest and most well-preserved medieval historical centres. We'll meet at our 4-star boutique hotel (<u>www.art-hotel-commercianti.com/</u>) in the historic centre, our home for the next six nights.

We'll start our Emilia Romagna adventure with cocktails followed by dinner in a local trattoria.

Day 2 – Tuesday, March 26 – Bologna

After breakfast at the hotel, we'll orient ourselves with a historical walking tour of Bologna with a local guide. The rest of the day will be free to discover all the reasons this city is known as "La Dotta, La Grassa, and La Rossa" – the learned, the fat and the red.

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Day 3 – Wednesday, March 27 – Bologna

Enjoy a light breakfast this morning as we will be heading out for a three-hour foodie tour with a renowned local, Andrea Chierici, who is the go-to Emilia Romagna guide for television productions around the world. He'll teach us about the Bolognese food culture and introduce us to some of the classic specialties of the region. He will also have lots of great suggestions for dinner on your own tonight.

Day 4 – Thursday, March 28 – Ravenna

After breakfast at the hotel, we'll be off in our private coach for a day trip to Ravenna. It's all about the mosaics here! We'll meet our English-speaking local guide and visit various sites, monuments and churches. Lunch will be up to you and we'll have a little free time before heading back towards Bologna.

On our way back, we'll stop in the countryside to learn about the production of extra virgin olive oil. The olive grove lies in the Bologna hills, part of a splendid hill top residence dating back to the 18th century. At the end of the visit, we'll have an opportunity to do some comparative tastings of extra virgin organic olive oil and two other extra virgin olive oils.

Day 5 – Friday, March 29 – Bologna

Today is a free day. It is a short and inexpensive train ride to Venice, Verona or Florence. Alternatively, FICO Eataly, a foodie theme park, has just opened up outside Bologna city centre. So enormous is this park, they provide bicycles for you to visit all of the farmers and vendors! Another possibility is the long, uphill hike to Basilica San Luca – you walk under the porticoes the whole way to arrive at breathtaking views of the city and countryside. There is no shortage of activities to occupy yourselves with.

Day 6 – Saturday, March 30 – Bologna

Today after breakfast, we will attend a cooking class in the city centre. Andrea has arranged for a hands-on pasta lesson with some professional chefs. Naturally, we'll be lunching on the food we ourselves have produced! Enjoy the rest of the afternoon and evening wandering about this beautiful old city.

Day 7 – Sunday, March 31 – Maranello, Modena, Reggio Emilia

We are in for a busy day! After breakfast, we'll check out of our Bologna hotel and transfer to Reggio Emilia. On the way, we absolutely must stop at Museo Ferrari in Maranello.



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The museum visit will be followed by a group lunch at a local restaurant close to the museum.

After lunch it's on to Modena, "a masterpiece of human creative genius". Think: balsamic vinegar, Giuseppe Verdi, Unesco Heritage Sites and the world's greatest chef, Massimo Bottura. Here we will have a private city tour with a local guide.

From Modena, we'll make our way to Reggio Emilia, better known as "città del Tricolore", Tricolour City, as the Italian flag - green, white and red – was designed here. We'll be checking in to the 4-star Hotel delle Notarie (<u>http://www.albergonotarie.it/en/</u>) or equivalent. An enchanting historical hotel located in the town centre, perfectly connected with the most important and interesting monuments of the city.

We'll enjoy a group dinner tonight at a lovely restaurant which serves dishes exclusive to this area of the province.

Day 8 – Monday, April 1 – Parma countryside

After an early breakfast at the hotel, we'll be off on another busy day trip. First, we will appreciate the incredible amount of work and craftsmanship that goes into the production of each wheel of Parmagiano Reggiano as we visit a producer of the King of Cheeses and taste his masterpieces. We may even take part in the production process and of course, we will finish with yummy tastings of the cheese at its various ages.

We'll have a group lunch highlighting all kinds of local products – ham, cheese, bread and the local wine that is designed to go with it all.

In the early afternoon, I have something a little different in store. We'll be visiting a fascinating biodiversity farm to meet the farmers/scientists who have rejuvenated breeds of pigs and cows and species of olive trees and other indigenous plants.

Finally, on the way back, we'll stop to discover a traditional balsamic vinegar and lambrusco producer. We'll enjoy some tastings here before heading back to Reggio Emilia for a free evening.



Photo of the Prosciutto Bar courtesy of Carol Mackenzie

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Day 9 – Tuesday, April 2 – Reggio Emilia

Today, our guide will officially introduce us to Reggio Emilia with a private walking tour including visits to local artisans. Lunch and the afternoon are up to you.

Tonight, we have a very special farewell dinner arranged in Reggio Emilia. Within walking distance of the hotel, our restaurant has an interesting back story and some of the most amazing Michelin-quality food you have ever indulged in!

Day 10 – Wednesday, April 3 – Reggio Emilia to Bologna

Breakfast at our hotel and check-out for our early transfer to Bologna (train station or airport).

Enjoy your flight back to Canada or the rest of your journey through Italy!

Tour Cost - LAND ONLY \$3,460 CAD per person sharing twin accommodation (\$3,325 if paying by cheque) Single supplement \$395

Tour cost includes:

9 nights' accommodation in centrally-located, 4-star hotels
Breakfast daily
4 lunches; welcome dinner Bologna; group dinner in Reggio Emilia with wine; farewell dinner in Reggio Emilia with wine
Private cheese, oil, vinegar and wine tastings with visits as described in the itinerary
Private city tours in Bologna, Ravenna, Modena, Reggio Emilia + all associated admissions
Private food tour in Bologna
Private cooking class in Bologna with professional chefs
Ferrari museum, private biodiversity farm visit
All transportation by private coach from tour start to finish as per the itinerary
Driver and guide gratuities
*If purchasing air transportation through Pauwels, a 2-hour lounge pass for Toronto airport for booking made more than 90 days prior to departure.

Tour cost does not include:

Ground and air transportation from and to Toronto and transfers to the Bologna hotel Items of a personal nature Meals not indicated Beverages with meals unless noted in the itinerary or above Insurance – please contact Pauwels Travel for rates. В

TERMS & CONDITIONS

RESERVATIONS AND DEPOSITS:

Reservations should be made as early as possible to ensure the departure of your choice. A deposit of \$750.00 required at the time of registration. Your reservation is confirmed upon receipt of your deposit and registration form. No reservations will be accepted without a signed application form.

REFUND OF UNUSED ARRANGEMENTS:

Because the rates of Pauwels Travel Bureau Ltd. are based on group participation, no refund can be made for any tour accommodation or tour service or tour feature not taken. If cancellation occurs while the tour is in progress, no refund can be made for the tour portion not taken. We strongly suggest that to allow for any unexpected contingencies, you purchase the all-inclusive insurance.

CANCELLATION POLICY:

Refund of deposit is made if cancellation is received in writing by Pauwels Travel Bureau Ltd. more than 90 days prior of the departure date of the tour less a \$500.00 non-refundable administrative fee per person. For cancellation received in writing 90 days prior or less the following cancellation charges apply:

90 days to 61 days before departure:25% of tour cost60 to 31 days before departure:50% of tour costWithin 30 days prior to departure:100% of tour cost

RESPONSIBILITY:

The acceptance of the initial service to be provided under the tour shall be considered an acceptance by the tour member of those conditions. We also reserve the right to decline, to accept or retain any person as a member of the tour. We reserve the right without notice, to withdraw any part or all of the tour. Factors such as airline schedule changes, hotel overbookings, inclement weather, travel warnings by the Canadian Government etc. may necessitate changes in the itinerary. There may also be other circumstances in which changes become necessary or advisable. By commencing the tour, I agree to the release and agreement as included below.

RELEASE & AGREEMENT:

By placing my deposit and commencing the tour I understand and agree to the following:

- 1. That all tours are delivered in conjunction with other service providers, including but not limited to travel agent and booking services, airlines, hotel and accommodation providers, transportation providers including but not limited to coach, train and ferry services, restaurant providers, and local guides. We shall not be held responsible for the failure by any person or company to render any transportation, lodging or other travel service to be provided on the tour. All hotels, transportation and other travel services are provided subject to all the terms and conditions under which they are offered to the public generally.
- 2. I know that tour programs include walking, and may including hiking and fitness programs that have potential hazardous activities associated with them. I should not participate prior to approval by my physician. I assume any and all other risks associated with these events included but not limited to falls, contact with other participants, the effects of the weather including high heat and/or humidity.
- 3. To release, indemnify and hold harmless Pauwels Travel Bureau and their affiliates (which term shall include parents, subsidiaries, officers, directors, shareholders, agents and employees of Pauwels Travel Bureau as well as Pauwels Travel themselves) (the "Released Parties") from, and agree not to sue the Released Parties for, any claims that I may have arising from, or in connection with, any personal injury, bodily injury, mental anguish, emotional distress, physical, property or other damage that I may suffer from any cause whatsoever related in any way to my participation in this tour. Without limiting the generality of the foregoing, I release, indemnify and hold harmless the Released Parties from, and agree not to sue them for any personal injury, bodily injury, mental anguish, emotional distress, physical, property or other damage that I may suffer from the Released Parties' negligence other than from intentional or reckless acts by such parties. I further agree to release, indemnify and hold harmless the Released Parties from any and all acts of God, war (whether declared or undeclared), terrorist activities, incidents of politically motivated violence, illness or quarantine, strikes or government restrictions or

the acts or omissions of any other agents over which the Released Parties have no direct or indirect control, including, without limitation, airlines, railways, bus companies, hotels, shipping companies, guides and subcontracted agents or tour operators. This release also includes activities not offered that may be considered risky. I further release any Tour Directors, bus drivers or other individuals involved in my tour.

- 4. That the air carrier's liability for loss of or damage to baggage or property, or for death or injury to person, is limited by their tariffs, or the Warsaw Convention, or both.
- 5. That Pauwels Travel Bureau shall have no liability or responsibility for me when I am absent from activities, such as visits to friends or relatives or during stay-ahead/stay-behind option periods if the stay-ahead/stay-behind period does not include the services of a Tour Director.
- 6. To abide by directions of my Tour Director or other leadership personnel during my tour. Failure to do so may result in my termination from tour immediately. I understand that to disobey such rules or directions are to waive the right to any refund, and that I may be sent home at my own expense. The participant and family undertake full financial responsibility for any damage caused by the participant and agree to pay his/her return home on the first available flight, should his/her behavior be deemed detrimental to the welfare of the group.
- 7. To abide by all local laws when in Canada and abroad, including those concerning drugs and alcohol. (Minors must have parents' permission to use alcohol even if the local law would otherwise permit them to.) I understand that if I abuse or disobey such laws, even unintentionally, I waive my right to a refund, and Pauwels Travel may send me home at my own expense. I also understand that should local authorities be involved, I will be subject to the laws of the country I am visiting.
- 8. That if I become ill or incapacitated, Pauwels Travel and its employees, or a designated chaperone may take any action they deem necessary for my safety and well-being, including securing medical treatment (at my own expense) and transporting me home. Pauwels Travel retains the right, in its sole discretion, to contact the traveller's parent(s) and/or guardian or emergency contact with regard to health issues or any matters whatsoever that relates to the traveller's tour. These rights transcend any and all privacy regulations that may apply. In the event of a medical emergency, Pauwels Travel will attempt to cause appropriate treatment to be administered, and the traveller authorizes Pauwels Travel to do so. Pauwels Travel, however, makes no warranty that it will be able to cause effective (or any) emergency treatment to be administered.
- 9. That Pauwels Travel may use any film likenesses taken of me and any of my comments while on a tour for future publication and also use my contact information for future Pauwels Travel communications.

APPLICATION FORM

Please book sea	at(s) on the "Food Focus: Bo	logna" tour of March 25 – April	3, 2019
Enclosed is my/our de	posit of (\$750	per person, <i>plus</i> insurance prer	nium if taken.)
Deposit and insurar	L , , ,	due with registration. You wi balance due 45 days prior to e	ll be invoiced for an interim payment leparture.
WE REQUIRE A C		RT (INFORMATION PAGES NT IN WITH YOUR APPLIC	ONLY) VALID 3 MONTHS AFTER CATION.
PASSPORT NAME(S	3): Please indicate the approp	priate title (Mr., Mrs., Miss, Dr.,	Ms.)
Surname	First	Middle(s)	
Surname	First	Middle(s)	
	2	as you would like it to appear o	n your name tag: (e.g. "Liz" for "Mary
Postal Code:	Phone:	Email:	
If traveling alone, is a	SINGLE ROOM REQUIRE	ED? YESNO	
If sharing, what is you	r bed preference: twin	double	?
any dietary requests, a		l needs or frequent flyer number	access we have in filling it, so please list <u>rs etc here</u> . We cannot ensure requests
Insurance, Please call	the office for premiums the	n record it on application and ac	ld premium to deposit.
I/we would like to put	rchase (please check and rec	ord your rate):	
Name:		Date of Birth:	
Name:		Date of Birth:	
All-inclusive Package		Non-medical Package	
Other	OR Decline Insura	ince	
PAYMENT: Chequ	e payable to Pauwels Travel	□ Visa □ Mastercard	□ American Express
Amount Paid:	Card Number:		
Expiry:	Security Code: Sign	ature:	
-	ms and conditions attached and included payment".	d to the program, have indica	ted our insurance choice, indicated
Date	Signature(s)		

Please forward this completed and signed form, copy of passport and payment to: PAUWELS TRAVEL BUREAU LTD. 55 Dufferin Ave, Brantford, Ontario N3T 4P6 Tel: 519-753-2695/1-800-380-3974/519-756-4900 – Fax: 519-753-6376 Email:tours@pauwelstravel.com

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